



# 2021-2022 Breakfast Menu - Tuscarora Elementary



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b><u>Choose 1</u></b> Breakfast on a Stick French Toast Sticks Whole Bagel [w/ PB or Cream Cheese &amp; Jelly or Margarine]</p> <p><b>OR</b></p> <p><b><u>Choose 1 or 2</u></b> Assorted Cereal Goldfish Graham Cracker Smart Choice Muffin Top</p>	<p><b><u>Choose 1</u></b> Cinnamon Roll Breakfast Pizza Whole Bagel [w/ PB or Cream Cheese &amp; Jelly or Margarine]</p> <p><b>OR</b></p> <p><b><u>Choose 1 or 2</u></b> Assorted Cereal Goldfish Graham Cracker Smart Choice Muffin Top</p>	<p><b><u>Choose 1</u></b> Mini Pancake Breakfast Sandwich Whole Bagel [w/ PB or Cream Cheese &amp; Jelly or Margarine]</p> <p><b>OR</b></p> <p><b><u>Choose 1 or 2</u></b> Assorted Cereal Goldfish Graham Cracker Smart Choice Muffin Top</p>	<p><b><u>Choose 1</u></b> Cinnamon Roll Breakfast Pizza Whole Bagel [w/ PB or Cream Cheese &amp; Jelly or Margarine]</p> <p><b>OR</b></p> <p><b><u>Choose 1 or 2</u></b> Assorted Cereal Goldfish Graham Cracker Smart Choice Muffin Top</p>	<p><b><u>Choose 1</u></b> French Toast Sticks Breakfast Sandwich Whole Bagel [w/ PB or Cream Cheese &amp; Jelly or Margarine]</p> <p><b>OR</b></p> <p><b><u>Choose 1 or 2</u></b> Assorted Cereal Goldfish Graham Cracker Smart Choice Muffin Top</p>
<b>AND</b>	<b>AND</b>	<b>AND</b>	<b>AND</b>	<b>AND</b>
<b><u>Choose 1 or 2; must take 1</u></b> Fresh or Cupped Fruit 100% Fruit Juice	<b><u>Choose 1 or 2; must take 1</u></b> Fresh or Cupped Fruit 100% Fruit Juice	<b><u>Choose 1 or 2; must take 1</u></b> Fresh or Cupped Fruit 100% Fruit Juice	<b><u>Choose 1 or 2; must take 1</u></b> Fresh or Cupped Fruit 100% Fruit Juice	<b><u>Choose 1 or 2; must take 1</u></b> Fresh or Cupped Fruit 100% Fruit Juice
<b>AND</b>	<b>AND</b>	<b>AND</b>	<b>AND</b>	<b>AND</b>
1 Carton of Milk	1 Carton of Milk	1 Carton of Milk	1 Carton of Milk	1 Carton of Milk

**IMPORTANT NOTE:**  
A complete breakfast must consist of a minimum of 3 items, and 1 item must be a serving of fruit or fruit juice.

**BREAKFAST PRICE:**  
Student Meal - \$0.00



**Eat to Learn  
Learn to Eat**  
SCHOOL BREAKFAST PROGRAM